

Young Families Hub

Real, checked-out help for young parents on the South Coast. Welcoming and affirming for every family, no exceptions. Free.

Becoming a parent young is hard. **Start with whatever you need most today.** Every number here has been checked. If you are not sure where to begin, call Elevate (below) and a real person will help.

Health care

- MassHealth pregnancy coverage** **800-841-2900**
Free prenatal care, any income-eligible person, regardless of immigration status
- Greater NB Community Health Center** **508-992-6553**
Prenatal, sliding scale, no one turned away
- Affirming care (trans & nonbinary)** **774-775-2656**
The Network's navigation line

Food & money

- SNAP & cash help (DTA)** **877-382-2363**
Apply at DTACConnect.com
- WIC, New Bedford** **508-997-1500**
Free food & nutrition
- PACE Diapers 'N Things** **508-999-9930**
Free diapers & baby basics, NB

A safe place to live

- MA emergency family shelter** **866-584-0653**
State intake line
- Mass 211** **Dial 211**
Find any local shelter or help

Safety

- The Women's Center, New Bedford** **508-999-6636**
24-hour hotline, affirming
- Safelink (statewide DV)** **877-785-2020**
24/7, confidential

School & your baby

- NBPS Parenting Teens Program** **508-997-4511 x2403**
Ask for Wendy Andrade
- Childcare help (PACE)** **508-999-9930**
Vouchers & referrals
- Early Intervention (Meeting Street)** **508-996-3391**
Free, birth to 3, no referral

Dads & every family

- Nurturing Fathers (free)** **508-324-7900**
Fall River · New Bedford
- LGBTQ+ parentage (GLAD)** **800-455-4523**
Two-mom, two-dad, trans parents
- Free legal help (SCCLS)** **508-979-7150**
Custody & family

IF YOU NEED SOMEONE RIGHT NOW

988 Crisis Lifeline

Call or text **988** · 24/7

Domestic Violence

1-800-799-7233 · 24/7

The Trevor Project

1-866-488-7386 · LGBTQ+ youth, 24/7

Substance use (SAMHSA)

1-800-662-4357 · 24/7

Trans Lifeline

877-565-8860 · Mon-Fri 1-9pm ET

In danger now

Call **911**

Not sure where to start? **Talk to Elevate.**

Call **774-775-2656** or email info@sc-lgbtqnetwork.org. A real person will help you find the right door, free.

